



1. Buy or grow locally produced food
2. Eat food
3. Place food scraps and food-soiled paper in your curbside compost cart
4. Food scraps go to local compost facility
5. Food scraps, food-soiled paper and yard debris transform into nutrient-rich compost
6. Compost is used by local gardeners and farmers to create more food—you can use compost too!
7. Repeat!

HELP CLOSE THE FOODCYCLING LOOP!

More than 60% of all garbage sent to the Cedar Hills Regional Landfill contains food scraps, yard debris and food-soiled paper—and all of these items are compostable in your curbside compost cart. Compostable materials can have a second life as compost and are a great addition to your garden soil, **but they need your help!** When you combine your food scraps and food-soiled paper with your yard debris, you reduce the amount of compostable material going to the landfill, and help create a local Foodcycle.

Why does Foodcycling matter, anyway?

Take the I'm A Foodcycler Pledge!



Please visit our website today:

www.wmfoodcycling.com

and take the **I'm A Foodcycler Pledge...** to get:

- Tips on setting up a system
- Recipes and advice for reducing waste
- Advanced notice about new programs
- Exclusive invites to Foodcycler events

Thanks for Foodcycling!



Foodcycling is an **EASY WAY** to reduce your garbage footprint.

Step 1: Take the Pledge!

Now that you have your very own kitchen container, it's time to take the I'm a Foodcycler Pledge. Visit www.wmfoodcycling.com today! Once you take the pledge, you will join the ranks of dedicated Foodcyclers, and will receive regular emails with:

- Tips on setting up a system in your home to make composting easy.
- Waste-free recipes and advice on how to reduce waste in your kitchen.

And best of all...

- Special invitations to Foodcycler programs and events!

Step 2: Fill the Container

- Place food scraps and food-soiled napkins and paper towels in your kitchen container.

Step 3: Empty, Clean and Repeat

- Empty the collected food scraps into your curbside compost cart. Your compost cart will be picked up on your next collection day.



Stuff that is compostable

FOOD

Meat, seafood, dairy, fruit, vegetables, shells, bones, pasta, rice, eggshells, nutshells, bread, grains and leftovers.



FOOD-SOILED PAPER & SHREDDED PAPER

Pizza boxes, coffee grounds and filters, tea bags, waxed cardboard, soiled paper bags, kitchen paper towels, paper napkins as well as loose shredded paper.



PLANTS, FLOWERS & YARD DEBRIS

Plants and flowers, grass clippings, shrubs, branches, weeds, jack-o-lanterns and natural holiday trees.



See your compost guidelines for a complete list of approved items.

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THINK GREEN.®