

From: KingCo Foodcycler Community <kcfoodcycler@cplusc.com>
Subject: Compost Days is Coming!
Date: March 14, 2014 12:43:07 PM PDT

2 Attachments, 46 KB

Compost Days is Coming!

Compost Days is back, and it’s bigger and better than ever! From March 15th through April 15th, cash in on the biggest discounts of the year on Cedar Grove compost, and deep discounts on kitchen food scrap containers and bio-bags. Get more information at: www.CompostDays.com

Plus, this year, save big and give big at our special region-wide events!



3 DAYS. 3 LOCATIONS. 1 CAUSE.

Save on all varieties of Cedar Grove compost; get your gardening questions answered by compost educators and give back by donating a bag of compost to local gardens growing food to fight hunger. Plus, for every compost coupon redeemed, Cedar Grove will donate a bag to local gardens!

Saturday March 15, Lynnwood Fred Meyer, 10am – 4pm
Meet celebrity garden radio host Ciscoe Morris, broadcasting live from 10 a.m. to noon!
4615 196th St. SW

Saturday, March 22, Maple Valley Fred Meyer, 10am – 4pm
26520 Maple Valley Black Diamond Rd. SE

Saturday, March 29, Ballard Fred Meyer, 10am – 4pm
915 NW 45th St.

Can’t make it to an event? Get a compost coupon or donate a bag online at: www.CompostDays.com

Thanks for being a Foodcycler!

Happy gardening,

Candy

Candy Castellanos
Public Education Manager, Waste Management

From: SnoCo Foodcycler Community <foodcycler@cplusc.com>
Subject: Let's Keep Compost O' Natural
Date: September 29, 2014 10:55:23 AM PDT
To: Megan Lactor <mloctor@cplusc.com>
Reply-To: SnoCo Foodcycler Community <foodcycler@cplusc.com>

Let's Keep Compost O' Natural!



Foodcyclers! This is a friendly reminder about our new campaign, "Keep Compost O' Natural!" The goal is to raise awareness that produce stickers are not edible, not compostable and they are not paper. When they end up in the food/yard cart, they are very difficult for local composters to remove, and they do not make it through the compost system.

That's why Waste Management is providing you with a *Compost O' Natural Produce Sticker Trading Card* with a grid of 20 spaces where you can place produce stickers. When your card is full, visit any of Cedar Grove's Landscape Yards (aka "Trading Posts") to exchange the full card for a free bag of compost.

Many of you have already taken advantage of our Produce Sticker Trading Card game and filled it up with the little stickers from your fruits and vegetables. Nice work!

Good news: It's not too late to play *Keep Compost O' Natural!* And, there is no limit to the number of Produce Sticker Trading Cards you can fill up to redeem free bags of compost. Print out another card by visiting wmfoodcycling.com or [click here](#) to get started.

The best way to prevent produce stickers from getting into the compost is to simply take them off of your fruits or vegetables and throw the little stickers away.

On behalf of Waste Management, THANK YOU for doing your part to Keep Compost O' Natural!

Happy Composting!

Candy
Candy Castellanos
Senior Manager, Public Education & Outreach
Waste Management



Please note: We recently switched to Constant Contact to send our emails. We welcome any [feedback](#) on this new format. Thank you!

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Waste Management | 720 4th Ave, Suite 400 | Kirkland | WA | 98033

From: KingCo Foodcycler Community <kcfoodcycler@cplusc.com>
Subject: Saturday! Get Scrap Happy with Waste Management
Date: August 14, 2014 5:09:25 PM PDT

1 Attachment, 26 KB



Oh, Scrap Happy Saturday!

Want to learn more about using your new kitchen compost container? Join Waste Management at the Celebrate Woodinville festival and eat delicious snacks while getting a personal demonstration on how to set up a clean and simple food scrap collection system for your own "Scrap Happy Kitchen!"

Celebrate Woodinville, Waste Management Booth
Saturday, August 16, Noon-5 p.m.
Wilmot Gateway Park, Woodinville Fields
17301 131st Ave NE, Woodinville

Learn how to:

- Compost your food and food-soiled paper in your curbside compost bin
- Get started right away with FREE compostable bag samples
- Make delicious, waste-free recipes

We'll see you at the event!

Candy

Candy Castellanos
Senior Manager, Public Education & Outreach
Waste Management

From: SnoCo Foodcycler Community <foodcycler@cplusc.com>
Subject: Tips for a Scrap Happy Thanksgiving
Date: November 24, 2014 5:08:33 PM PST
To: Megan Lactor <mloctor@cplusc.com>
Reply-To: SnoCo Foodcycler Community <foodcycler@cplusc.com>

Have a *Scrap Happy* Thanksgiving!



It's estimated that between Thanksgiving and New Year's Day, more than 1 million tons of additional waste is generated *each week* nationwide.

Let's roll up our sleeves and get *Scrap Happy* this holiday to help festive food scraps and leftovers become compost!

Scrap Happy Thanksgiving Tips...

- **Compost your food scraps.** Make sure to toss your Thanksgiving food scraps, paper napkins and unwanted leftovers into your curbside compost cart - even that turkey carcass can get composted! Remember, all of your food scraps will become nutrient-rich compost for gardens and local farms.
- **Recycle used cooking oil.** When the cooking oil cools, put it in an empty container with a screw-on lid and take it to a cooking oil collection station. Local biofuel companies turn your old grease into fuel for buses!

[Map to the Snohomish County Solid Waste drop off location](#)

[Map to King County General BioDiesel public recycling station locations](#)

Be a Thanksgiving Waste Watcher!

- **Take the 100-mile Thanksgiving challenge.** Experience food straight off the farm by finding as many ingredients as possible within a hundred miles of your home. You can also look for locally grown food right in your grocery produce section! Buying locally produced meats and produce helps reduce the fuel used to transport and store food from around the world.
- **Use real dishes and silverware.** Avoid single-use plastic utensils and paper plates. Most paper plates can't go in the compost and plastic silverware is not recyclable.
- **Cloth napkins too?** Yes! Cloth napkins are a great way to avoid waste. If you do use paper napkins or paper towels, make sure you put them in your kitchen compost container.
- **Be generous with leftovers.** Ask your guests to bring a reusable container and then send them home with leftovers.
- **Get creative with leftovers.** Put a fresh twist on Thanksgiving leftovers by trying out a new *Scrap Happy* recipe. How about [Sweet Potato Quesadillas](#) or [Turkey Fettuccini](#)? Delicious!



Wishing you a *Scrap Happy* Thanksgiving,

Candy

Candy Castellanos
Senior Manager, Public Education & Outreach
Waste Management



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